

It's
time to

prioritise **you**

*A health screening
that could
change your life
for the better!*



HEALTH COMPONENTS ASSESSED

LIFESTYLE / SOCIAL

- ✓ Nutrition
- ✓ Movement & Fitness
- ✓ Sleep
- ✓ Alcohol & Smoking
- ✓ Psychological Health
- ✓ Social Health

BIOMEDICAL

- ✓ Blood Pressure
- ✓ Body Composition
- ✓ Risk of Diabetes
- ✓ Lipid Profile
- ✓ Liver Function
- ✓ Kidney Function



1. Consultation
(5 mins)



2. Questionnaire
(10 mins)



3. Blood test
(5 mins)

 **Boncentric**

Better. Success.

Boncentric Health Screening



FAQ

What will I receive?

Within 48 hours of completing your health screening and blood test, you will receive a comprehensive report from a GP with your results and personalised recommendations. The report includes a detailed breakdown of the various assessment components and your scores compared to desirable ranges.

What happens next?

You are strongly encouraged to follow any recommendations included in the report to help you address or mitigate any physical or psychological health risks identified. Your report may also include recommendations for follow-up investigations that should be conducted with your GP and / or an appropriate allied health professional.

Confidentiality

The health screening is administered by Boncentric, an independent company that specialises in population health and wellbeing. Access to your personally identifiable health information collected as part of the assessment is restricted to the Boncentric Medical Team for the purpose of reviewing your general health profile and providing relevant feedback and recommendations. Under no circumstances will your identifiable health information be shared with any other Third Party without your consent. Aggregate results may be provided to Third Parties for research purposes and to assess program outcomes, however this data will always be de-identified. You can view a copy of Boncentric's privacy policy at the following web address: <https://bit.ly/3jZpAUr>

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Disclaimer: This health screening does not replace, nor should it be considered an alternative to a medical consultation. In case of illness, you should consult a doctor. Boncentric accepts no responsibility for any medical events, injuries, illness or other outcomes related to or resulting from the provision of the health assessment. Though carefully medically researched, constructed and tested as a health screening tool, reliance on any information provided in your report is solely at your own risk.